



Jason Adams

Head Instructor / Coach

AP Hockey Systems

Coach Adams returns to Achieve Performance after four successful playing seasons at Rutgers and two years as assistant coach for the Ice Knights. He graduated with a Bachelor of Science in biology and applied kinesiology with a minor and economics. Throughout college, Adams played in 110 games, tallied 54 goals and 167 assists for 221 points, and accumulated 215 penalty minutes. He became Co-Captain his sophomore year, advanced to Captain the following two years, and was named the team's Most Valuable Player three of his four seasons.

At a young age, Adams participated on the USA Hockey Atlantic District Select Festival teams for three consecutive years, helping him secure a spot on the hockey team at Seton Hall Prep HS in NJ. While at Seton Hall, Adams won the titles of State Champion and All-Essex County All-State Forward. He transferred to The Gunnery Prep HS in CT within two years, where he became team Captain, and upon graduation, Co-Captain of the EJHL Springfield Falcons Junior A Team.

At Rutgers, Adams was also acknowledged for the following achievements: ACHA Division 1 All-Star 2010-2013, 2010 ACHA World University Games Try-Out Invitee, MEAD Scoring Leader Award (2010,2011,2013), NECHL First Team 2010-2012, ESCHL 2nd Team All Star 2013, and NECHL Player Of The Year 2011.

A native of Oak Ridge, N.J., Adams has experience as a summer counselor at Greg Carter European hockey school for ten years.